

Plasma Collection and Shipping Instructions



Step 1: Verify Kit contents before starting blood draw:

- Requisition form
- 3 K2 EDTA draw tubes
- 3 polypropylene aliquot tubes
- Transfer pipette
- 2 gel ice packs
- Biohazard transport bags
- FedEx shipping label
- Shipping box



Step 2: Blood collection and plasma separation:

Analytes are extremely sensitive to temperature and to freeze/thaw cycles. It is critical that samples are never frozen and time at room temperature is minimized.

- 1. Write patient name and DOB on each aliquot tube (unlabeled samples will be rejected).
- 2. Fill out Requisition Form with collection date and time.
- 3. Collect blood in 3 K2 EDTA tubes.
- 4. Invert tubes 8 times to mix and immediately refrigerate until centrifuged.
- 5. Centrifuge within 15 minutes of collection at $1,000 \times g$ for 15 min (use chilled at 4-5°C, if available).
- 6. Immediately transfer plasma into polypropylene aliquot tube and refrigerate.
- 7. Samples must be shipped within 24 hours of collection.



Step 3: Packaging and Shipping:

- 1. Seal plasma aliquot tubes in biohazard bag.
- 2. Place Requisition form in outside pocket of biohazard bag (after verifying patient information is consistent with tube labels)
- 3. Package bag in shipping cooler between frozen cold packs.
- 4. Package cooler in box, seal well with packing tape, and adhere shipping label.
- 5. Do not ship samples on Friday or Saturday, or preceding federal holidays, as Neurocode cannot receive samples on the weekend/on holidays.
- 6. Samples that arrive at room temperature will be rejected and must be re-drawn.

Improper labeling, collection, processing, or handling of specimen—or failure to include Requisition form—will result in cancelled testing and require new sample collection.

For assistance contact us at CustomerCare@neurocode.com

